

VALENTINE'S DAY


EDUCATIONAL ACTIVITIES FOR FEBRUARY

Consider using food-themed Valentine messages to decorate the cafeteria, serving areas, bulletin boards, classrooms, etc.

MY PUNNY VALENTINE

I **'loaf'** you a lot (*bread*)
 Don't be **'jelly'**. You're my favorite
 I'm **'nuts'** about you
 We're the perfect **'pear'**
 I only have **'fries'** for you (*French Fries*)
 Here's the **'scoop'**. You're so **'cool'** (*ice cream*)
 Don't go **'bacon'** my heart
 I really **'carrot'** about you
 I'm happier than I've ever **'bean'**
 Will you **'peas'** be my valentine
 My love **'pho'** you is real (*pho soup*)
 You mean a great **'dill'** to me (*pickle*)
 I love you **'berry'** much (*strawberry*)
'Nacho' average Valentine
 I love you a whole **'bunch'** (*grapes*)
 You are **'egg-squisite'**
 You're one in a **'melon'**
 You've got a **'pizza'** my heart
 You make my heart **'beet'**
 I'm **'bananas'** for you
 I love you from my head to my **'tomatoes'**
 Words cannot express **'hummus'** I love you
 I like you a **'waffle'** lot
 This may sound **'cheesy'** but I think you're **'grate'**
 (*cheese/grater*)
 You make me **'melt'** (*grilled cheese*)
 You're my main **'squeeze'** (*citrus*)

Taco 'bout a Good Friend

- Make taco shells out of yellow cardstock.
 - Cut circles and fold in half.
 - Use red paper and cut small paper hearts.
 - Use green paper and cut small strips.
 - Have hearts and green 'lettuce' strips coming out of the 'taco shell'.
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HEALTHY ACTIVITIES

- Valentine's Day Taste Test**
 Conduct a taste test using red fruits and vegetables. Will it be love at first bite?!?
- February is Heart Health Month**
 Highlight and discuss foods that support a healthy heart.
- Love for Fitness**
 Have daily classroom/cafeteria activity breaks.



DAIRY fun activities your students will



I HEART GEORGIA MILK DAY