

Salt and Vinegar Carrot Chips

a recipe from Georgia School Nutrition Program

MAKES: 3 cups PREP TIME: 40 minutes plus bake time CATEGORY: Side

Ingredients:

4 Carrots, large, fresh Georgia Grown

½ cup Distilled White Vinegar

2 tsps Salt

3 TBSP Olive Oil

Steps:

- Preheat oven to 425 degrees F
- 2. Line a baking pan with parchment paper
- 3. Slice carrots into thin, round pieces
- 4. Soak carrots in vinegar for 30 minutes
- 5. Drain carrots from vinegar and coat with olive oil and salt
- 6. Evenly space carrots on lined baking pan
- 7. Bake for about 30 minutes, flipping halfway through
- 8. Remove from oven and allow to cool completely