

Peaches & Cream Baked Oatmeal

a recipe from Georgia School Nutrition Division

MAKES: 12 PREP TIME: 25 minutes plus bake time CATEGORY: Breakfast

Ingredients:

3 Peaches, large size, diced, fresh Georgia Grown

4 Cups Oats (Old Fashioned)

½ Cup Sugar

4 tsp Cinnamon

1 tsp Salt

3 Cups Plain milk

4 Eggs

3 Tbsp Butter, unsalted, melted

3 tsp Vanilla extract

Steps:

- 1. Preheat oven to 375 degrees F
- 2. Grease a 9x13 baking dish with nonstick cooking spray
- 3. Whisk together liquid ingredients in a large bowl
- 4. Stir in dry ingredients
- Fold in diced peaches
- 6. Add mixture to greased baking dish
- 7. Bake for about 45 minutes or until golden brown and a knife inserted in the center comes out clean

OPTIONAL TOPPINGS: Milk, yogurt, nut or seed butter