



Peach Yogurt Bites

a recipe from Georgia School Nutrition Division

MAKES: 24 mini bites PREP TIME: 10 min (plus freeze time) CATEGORY: Breakfast/Snack

Ingredients:

- 1 Cup Plain Greek yogurt
- ¼ Cup Plain milk
- 1 Peach, chopped, large Georgia Grown
- 1½ tsp Vanilla
- 1 tsp Cinnamon

TOOLS NEEDED:

- Blender/food processor
- Mini cupcake liners

Steps:

1. Place mini cupcake liners on a pan or inserted into mini muffin tin
2. Blend yogurt, milk, peaches, vanilla, and cinnamon in a food processor or blender until smooth
3. Spoon yogurt mixture into each mini muffin liner
4. Place the tray of yogurt bites in freezer for 1-2 hours.