



# Greek Yogurt Peanut Butter Dip

a recipe from Georgia School Nutrition Division

MAKES: 1 cup of dip    PREP TIME: 5 min    CATEGORY: Snack

## Ingredients:

1/2 Cup Plain Greek yogurt

1/2 Cup Peanut butter (or any seed or nut butter)

Cinnamon to taste

## Steps:

1. Combine Greek yogurt and peanut butter together in a bowl
2. Add ground cinnamon to taste and as garnish
3. Refrigerate until ready to serve

**SERVING SUGGESTIONS:** Enjoy with apple slices, pretzels, or any other fruit or vegetable dippers.