Peaches fall into
2 main categories:
“freestone”
and
“clingstone”.

What do you think
that means?

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What are some things you think about when choosing a watermelon?

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Do you think an
apple a day
“keeps the doctor away”?

What does that saying
really mean?

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Did you know
it is national
Farm to School month?

What do you think
farm to school means?

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What makes a sweet potato different from a regular potato?

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Lettuce is often used in salads. Not all salads are made with just lettuce and tomato.

What are some different types of salads that you have tried before that you enjoyed?

Are there any toppings that you like best on your salads?

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Have you ever heard
people say you should
“eat your greens”
on New Year’s Day
to bring good luck
for the whole year?

What do you think they mean
by that saying?

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Have you ever heard of the word "cruciferous"?

What do you think it means?

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Why are carrots, beets and radishes called root vegetables?

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Why do you think a strawberry is called a “strawberry”?

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What are some fun recipes you have made with blueberries?

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What are some other colors of tomatoes besides red that you've tried before or seen in the store or at school?

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