



Frozen Yogurt Covered Blueberries

a recipe from Georgia School Nutrition

PREP TIME: 5 minutes plus freeze time CATEGORY: Snack

Ingredients:

Blueberries, fresh Georgia Grown

Greek yogurt, plain

Steps:

1. Line a baking pan with parchment paper.
2. Scoop some Greek yogurt into a bowl.
3. Dip individual blueberries into yogurt and coat them fully.
4. Place yogurt covered blueberries onto parchment paper.
5. Once you have all the blueberries that you want, freeze the pan of yogurt covered berries for at least an hour and then enjoy!