

Turnips

Turnips are a member of the Brassicaceae family.

Turnips grow in most any type of soil and are an ideal vegetable to enjoy through the winter as they can withstand light freezes.

Their edible green leaves grow above the ground while the edible turnip develops underground.

Turnips are often confused with rutabagas as they look similar but for best flavor, turnips should be harvested when they are much smaller than rutabagas may be allowed to grow.



Turnips are in season in Georgia from around October to March.

Turnips are known for their peppery flavor and can be enjoyed raw or cooked in a variety of ways.

The southern portion of the state produces the most turnips, but they are grown throughout the state. They are primarily a spring vegetable in the northern portion of the state and a fall/winter vegetable in the southern portion of the state.



Georgia Department of Education School Nutrition

