Consider using food-themed Valentine messages to decorate the cafeteria, serving areas, bulletin boards, classrooms, etc.

**MY PUNNY VALENTINE**

- I ‘loaf’ you a lot (bread)
- Don’t be ‘jelly’. You’re my favorite
- I’m ‘nuts’ about you
- We’re the perfect ‘pear’
- I only have ‘fries’ for you (French Fries)
- Here’s the ‘scoop’. You’re so ‘cool’ (ice cream)
- Don’t go ‘bacon’ my heart
- I really ‘carrot’ about you
- I’m happier than I’ve ever ‘bean’
- Will you ‘peas’ be my valentine
- My love ‘pho’ you is real (pho soup)
- You mean a great ‘dill’ to me (pickle)
- I love you ‘berry’ much (strawberry)
- ‘Nacho’ average Valentine
- I love you a whole ‘bunch’ (grapes)
- You are ‘egg-squisite’
- You’re one in a ‘melon’
- You’ve got a ‘pizza’ my heart
- You make my heart ‘beet’
- I’m ‘bananas’ for you
- I love you from my head to my ‘tomatoes’
- Words cannot express ‘hummus’ I love you
- I like you a ‘waffle’ lot
- This may sound ‘cheesy’ but I think you’re ‘grate’ (cheese/grater)
- You make me ‘melt’ (grilled cheese)
- You’re my main ‘squeeze’ (citrus)

**HEALTHY ACTIVITIES**

**Valentine’s Day Taste Test**
Conduct a taste test using red fruits and vegetables. Will it be love at first bite?!

**February is Heart Health Month**
Highlight and discuss foods that support a healthy heart.

**Love for Fitness**
Have daily classroom/cafeteria activity breaks.

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**Taco ‘bout a Good Friend**

- Make taco shells out of yellow cardstock.
- Cut circles and fold in half.
- Use red paper and cut small paper hearts.
- Use green paper and cut small strips.
- Have hearts and green ‘lettuce’ strips coming out of the ‘taco shelf’.

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