



Greek Yogurt Peanut Butter Dip

a recipe from Georgia School Nutrition

MAKES: 1 cup of dip PREP TIME: 5 min CATEGORY: Snack

Ingredients:

1/2 Cup Plain Greek yogurt

1/2 Cup Peanut butter (or any seed or nut butter)

Cinnamon to taste

Steps:

1. Combine Greek yogurt and peanut butter together in a bowl.
2. Add ground cinnamon to taste and as garnish.
3. Refrigerate until ready to serve.

SERVING SUGGESTIONS: Enjoy with apple slices, pretzels, or any other fruit or vegetable dippers.