1,2,3 Apple Add-ins
a recipe from Georgia School Nutrition Program

MAKES: 1 Sandwich or 1 Quesadilla  PREP TIME: 5 minutes  CATEGORY: Lunch

**Ingredients:**

<table>
<thead>
<tr>
<th>Sandwich</th>
<th>Or</th>
<th>Quesadilla</th>
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<tbody>
<tr>
<td>¼ Apple, fresh Georgia Grown, thinly sliced</td>
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<tr>
<td>2 slices Sandwich bread</td>
<td>2 small tortillas</td>
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<tr>
<td>2 Tbsp Peanut or seed butter</td>
<td>2 Tbsp shredded cheese</td>
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**Steps:**

**Sandwich**  Or  **Quesadilla**

1. Spread peanut butter evenly over two slices of bread.
2. Top each slice of bread with washed apple slices.
3. Place slices of bread together to make a sandwich.

1. Sprinkle ½ of the shredded cheese evenly over 1 tortilla.
2. Add washed apple slices on top of shredded cheese and sprinkle remaining cheese on top of apple slices.
3. Place 2nd tortilla on top and toast until cheese is melted.