



Blueberry Breakfast Bites

a recipe from Georgia School Nutrition Program

MAKES: 10 PREP TIME: 5 minutes plus refrigeration time CATEGORY: Breakfast

Ingredients:

½ Cup Blueberries, fresh Georgia Grown

¼ Cup Peanut/nut butter

1 Cup Oats

Steps:

1. Mix oat, blueberries, and peanut butter together in a bowl
2. Form the mixture into individual serving sized balls or "bites"
3. Dip individual blueberries into yogurt and coat them fully
4. Refrigerate blueberry bites for at least 30 minutes to help them stick together