



# 1,2,3 Apple Add-ins

a recipe from Georgia School Nutrition Division

MAKES: 1 Sandwich or 1 Quesadilla    PREP TIME: 5 minutes    CATEGORY: Lunch

## Ingredients:

### Sandwich

Or

### Quesadilla

¼ Apple, fresh Georgia Grown,  
thinly sliced

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2 slices Sandwich bread

2 small tortillas

2 Tbsp Peanut or seed butter

2Tbsp shredded cheese

## Steps:

### Sandwich

Or

### Quesadilla

1. Spread peanut butter evenly over two slices of bread
2. Top each slice of bread with apple slices
3. Place slices of bread together to make a sandwich

1. Sprinkle ½ of the shredded cheese evenly over 1 tortilla
2. Add apple slices on top of shredded cheese and sprinkle remaining cheese on top of apple slices
3. Place 2<sup>nd</sup> tortilla on top and toast until cheese is melted