

Blueberry Breakfast Bites

a recipe from Georgia School Nutrition

MAKES: 10 PREP TIME: 5 minutes plus refrigeration time CATEGORY: Breakfast

Ingredients:

1/2 Cup Blueberries, fresh Georgia Grown

1/4 Cup Peanut butter or nut butter of your choice

1 Cup Oats

Steps:

- Mix all ingredients together in a bowl.
- Form mixture into individual serving sized balls or "bites."
- 3. Refrigerate blueberry bites for at least 30 minutes to help them stick together and then enjoy!