

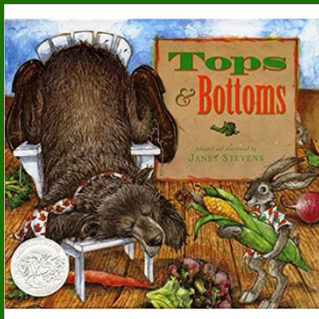
# Greens

## TURNIP FOR GREENS

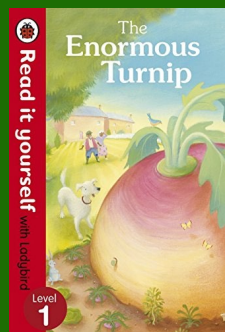
### English Language Arts

#### PICK a good book

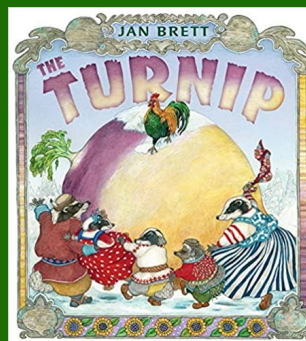
Consider exploring collard, mustard, and turnip greens themed books\*:



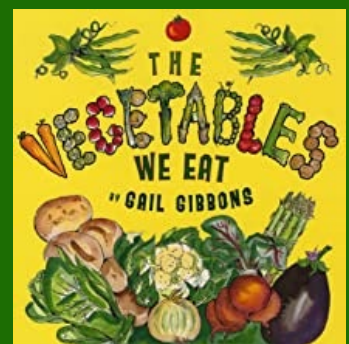
*'Tops and Bottoms'*  
by Janet Stevens



*'The Enormous Turnip'*  
by Ladybird



*'The Turnip'*  
by Jan Brett



*'The Vegetables We Eat'*  
by Gail Gibbons

\*The Georgia Department of Education (GaDOE) cannot and does not endorse or promote any commercial products, including books. Teachers and school leaders should check with their local district policy when selecting books to support instruction in determining age and content appropriateness for their students.

### The Daily GREENS

Have students write an informational paragraph on the health benefits of collard, mustard, and/or turnip greens.

Ask students to write an opinion paper on their view of collard, mustard, and/or turnip greens.

Students write an article for a magazine/online publication on collard, mustard, and/or turnip greens.

### Math

#### MUSTARD GREENS Math

Have students conduct a greens taste test and allow participants to rank the taste of the greens from 1 to 10. Students can then create a bar graph and number line to reflect students' responses.

Using a ruler, have students determine the length of different greens.

Weigh raw greens and calculate their volume. Cook them and remeasure.

# Greens

## Science

### So **GREEN**

Have students observe and discuss the physical properties of different types of greens.



## Social Studies

### Think **GREENs**

Have students research information about the history of greens and create a greens history timeline. Brainstorm with students about how to create a timeline that shows the important information relevant to collard, mustard, and/or turnip greens' history.

Use a United States map and research and identify states that grow greens.

Students can research, identify and locate on a map where greens are grown in Georgia.

## Art

### The Grass and the Art is **GREENer**

Allow students to see a collard, mustard, and turnip greens leaves for 5 minutes; pass it around the room. Then, have students draw a picture of one of the greens from memory.

Students can use different colors of paint and make greens prints. Have students design their own greeting cards using the greens print motif.

Have students make a clay structure of a collard, mustard, or turnip greens leaf.

### Are you hungry for more food based learning opportunities?

Resources found here provide additional examples of ways to connect the classroom and cafeteria food based learning experiences: <https://snp.gadoe.org/SCE/Pages/Food-Based-Learning.aspx>