



# Roasted Broccoli and Cauliflower

a recipe from Georgia School Nutrition

MAKES: 8 cups    PREP TIME: 5 minutes plus bake time    CATEGORY: Side

## Ingredients:

- 4 cups Cauliflower florets
- 4 cups Broccoli florets
- ¼ cup Olive oil
- ½ tsp Black pepper
- ½ tsp Salt

## Steps:

1. Preheat oven to 425 degrees F.
2. Line a baking pan with parchment paper.
3. Wash cauliflower and broccoli florets.
4. Stir selected spices into olive oil before pouring over broccoli and cauliflower florets.
5. Evenly space florets on lined baking pan.
6. Bake for about 15-20 minutes until tips are slightly brown.

**Tip:** Have fun spicing this recipe up by flavoring with your favorite herbs and spices.