



# Watermelon Popsicles

a recipe from Georgia School Nutrition Program

PREP TIME: 20 minutes    CATEGORY: Snack

## Ingredients:

Watermelon, fresh Georgia Grown

Craft sticks and/or kitchen items that can be used as a popsicle stick, ex: small fork or spoon (optional)

## Steps:

1. Slice a washed watermelon into wedge shaped pieces.
2. Cut and small opening in the middle of each of the rinds and insert your popsicle stick (optional).
3. Arrange the watermelon wedges on a pan or plate lined with parchment paper.
4. Freeze the watermelon wedges for at least 2 hours. Enjoy!