

Peanuts

Peanuts are a member of the Fabaceae family.

Peanuts grow in warm climates underneath the soil. Their plants flower above ground before bending and allowing the peanut pods to develop under the ground.

Peanuts are a type of legume that provide a plant source of protein along with other vitamins and minerals that keep us energized.



Peanuts are in season in GA from around August to October.

UGA's 2022 Ag Snapshot lists GA as #1 in the nation for peanut production

Peanuts are commercially grown across the southern United States and are one of GA's top 10 commodities.

In 2020, GA produced over 1/2 of the nation's peanuts with, Mitchell, Worth, and Decatur as the top 3 producing counties in GA.

References and links to more information:
<http://www.gapeanuts.com/education/resources.php>
<https://www.nationalpeanutboard.org/index.cfm>



Georgia Department of Education School Nutrition

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