

Chicken

Chicken is part of the protein food group and chicken raised for meat are called broilers.

Protein is important to include at meals and snacks as it helps fill you up and keeps you energized between meals.

Chicken can be enjoyed as a standalone entrée or incorporated into many recipes.

Be sure to check out the many recipes that feature chicken in Georgia's School Nutrition Programs.



UGA's 2022 Ag Snapshot lists GA broilers as #1 in national commodity rankings.

Georgia's Poultry and Egg industry provides 21.5 billion dollars and over 82,000 jobs to Georgia's economy.

UGA's 2019 Farm Gate report lists Franklin, Hart, and Madison counties as the top 3 counties by value for broilers in Georgia.

References and links to more information:

<https://www.myplate.gov/eat-healthy/protein-foods>

<https://caed.uga.edu/publications/georgia-agricultural-statistics.html#farm-gate>



Georgia Department of Education School Nutrition

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