Food items that commonly contain **EGG** include marshmallows, mayonnaise and salad dressings containing mayonnaise, processed meats, some breaded meats, corn dogs, meatloaf, meatballs, cookies, cakes, pancakes, French toast, muffins, soft pretzels, bread, bagels, crackers, casseroles, and pasta.

Always check the ingredient label to verify ingredients and check for potential cross-contact.

Food items that may contain **PEANUTS** include peanuts, peanut butter, candy, nougat, egg rolls, enchilada sauce, glazes, marinades, granola bars, cereal bars, breakfast bars, hydrolyzed vegetable or plant protein, chili sauce, spaghetti sauce, pesto, gravy, salad dressings, cookies, vegetarian food products, especially those advertised as meat substitutes.

Always check the ingredient label to verify ingredients and check for potential cross-contact.

Food items that may contain **SHELLFISH** include Asian foods and sauces (fried rice, oyster sauce), egg rolls, fish sticks or fish portions, fish stock, imitation seafood products (imitation crab), gumbo, jambalaya, seafood flavorings (crab or clam extract), surimi and Worcestershire sauce.

Ground crustaceans are sometimes used for red coloring in seasonings and foods.

Always check the ingredient label to verify ingredients and check for potential cross-contact.

Food items that may contain **MILK** in addition to milk, butter, cheese, and yogurt may include baked goods/breaded food items, candy (caramel, chocolate, or nougat), flavoring (artificial butter, caramel, or natural) luncheon meats, hot dogs, or sausages (may use casein as a binder), margarine, milk substitutes (soy-, nut- or rice-based dairy products, possible cross-contact), nondairy products (may contain casein), shellfish (may be dipped in milk to reduce fishy odor) and tuna (may contain casein).

Always check the ingredient label to verify ingredients and check for potential cross-contact.

Food items that may contain **FISH** include all finned fish, barbecue sauce (may contain Worcestershire sauce) breaded fish sticks, fish fillets, Caesar salad, Caesar dressing, fish sauces, imitation fish or shellfish and Worcestershire sauce. Finned fish include anchovies (which may be used as an ingredient), catfish, cod, flounder, pollock, salmon, tilapia, trout, and tuna).

Always check the ingredient label to verify ingredients and check for potential cross-contact.