Are you wondering whether school meals are a smart choice this school year? Here are 5 things you may not know about your school’s nutrition program to help you decide.

**Fact 1**
School nutrition programs are required to be food safety trained and inspected, just like your favorite restaurants.
- Georgia schools have the highest Food Service Health Inspection scores.
- Every Georgia school kitchen has qualified, certified ServSafe staff members.

**Fact 2**
When schools closed in March, the cafeterias did not.
- School nutrition staff have already practiced and adapted to new COVID-19 guidelines.
- Between the time schools closed in March through the end of the school year, Georgia school nutrition professionals provided nearly 30 million meals.

**Fact 3**
School nutrition programs support the local economy.
- School nutrition programs support local farmers by serving Georgia-grown produce.

**Fact 4**
School meals are for ALL students and school staff.
- Breakfast and lunch programs are stronger when more people participate.
- We could all use a break from planning and packing lunch, washing out containers and tracking down missing ice packs.
- Breakfast at school means one less thing to worry about in your busy morning.

**Fact 5**
School cafeterias serve smart foods that boost brain power.
- School meals are required to meet nutrition criteria based on national health guidelines.
- School nutrition professionals provide food-based learning resources to the school community.

For more tips and expert advice, visit Strong4Life.com/reopening.